

Relationships, Sex and Health education (RSHE)

RSHE:	Relationships, Sex and Health education
PSHE ed:	Personal, Social, Health and Economic education
SMSC:	Social, Moral, Spiritual and Cultural education

Dear Parents/Carers,

As a part of your child's educational experience at Millbridge we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education announced changes to relationships, sex and health education (RSHE) following nationwide consultation. The new RSHE curriculum came into effect from September 2020 and all schools will be required to comply with the updated requirements fully (with a revised policy in place) by the start of the summer term 2021. Whilst much of the content will be very familiar to parents, there is some interesting new content on mental health/emotional wellbeing and basic first aid.

Does the new DfE statutory Relationships and Health Education guidance replace PSHE ed?

No. From September 2020, we have started to teach the content in the DfE's Relationships Education and Health Education statutory guidance. However, the new guidance doesn't cover everything needed for a comprehensive PSHE ed curriculum. Vital elements such as the rights of the child, caring for the environment, economic education, and parts of British Values and SMSC (Social, Moral, Spiritual and Cultural education) are not included. At Millbridge we will continue to teach PSHE ed through our Jigsaw program and the RSHE will be part of that.



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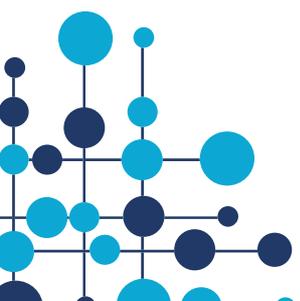
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Valuing people, supporting personal best

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We will **not** be teaching any form of sex education. We will only focus on teaching pupils about their bodies which is (and always has been) covered within our Science curriculum.

The new RSHE guidance:

Before we can start to discuss the revised RSHE (or PSHE ed) curriculum we need to know what the guidance says. There are some parts we have to do and other parts that we can choose to do. You can help us to decide on what matters to our school and our community.

The following documents can be accessed from the school website or through the links on Class Dojo. We have attached a copy of the parent guide to this letter:

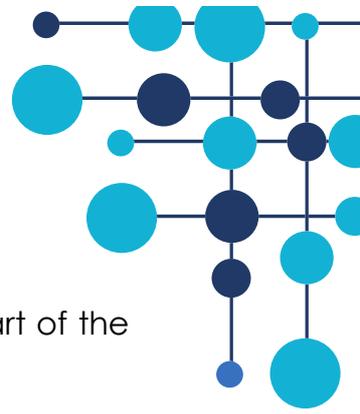
- The full statutory guidance can be found at [DfE: statutory guidance 2019](#) (this is a very long document!)*
- A very useful summary version can be found at [DfE: guides for parents](#) *
- Some frequently asked questions can be found at: [DfE: FAQs](#)

Please note, you are referring to the guidance for **primary schools throughout this document.*

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

In the spring term 2021 we will be asking you how we can best work with you to support your child with the learning.

To help us plan for this engagement we would like to think about the two questions on the last page of this letter. Please return your answers to the School Office by **Wednesday 16th December**. If you are happy with the information you have been given, you do not need to respond.



Thank you for your support in helping us to shape this important part of the school curriculum

If you wish to give your views and help to shape our PSHE curriculum, please answer the questions below and return this to the School Office by Wednesday 16th December.

(1) How could the school help you to understand more about our new RSHE/PSHE education curriculum?

I would like (tick the ones you think are important to you):

- a. (more) information about the new guidance
- b. (more) information about the content of the curriculum (what my child will learn) at this school
- c. a chance to talk to a member of staff
- d. to look at some of the activities or resources used
- e. Something else (please write your ideas in the space below).....**



(2) How would you like the school to reflect your family (including your faith and/or values) in our teaching?

I would like the school to (tick the ones you think are important to you):

- a. talk about different types of families (not all families are the same)
- b. explain that religions have different views about relationships and family life
- c. make sure that children learn about the importance of equality and respect for difference
- d. Something else (please write your ideas in the space below).....**

Anything else?..... E.g are there any beliefs or practices relevant to relationships education that are important to your belief/culture/faith that we might not be aware of?

Child's Name _____ Class _____