



Personal Safety

There is a new focus on 'personal safety' within the curriculum.

This emphasises the importance on recognising and reducing risk in the context of fire and travel safety.

Children will learn about how to keep safe around water, roads and the railways.

Relationships

Much of the content in the relationships curriculum is the same as before.

Children will learn about families, caring friendships and being safe.

Mental Health Education

Grief and Loss: New learning about change and loss, including bereavement, is included to help children manage difficult emotions.

Mental Health: There is a greater focus on managing emotions like loneliness and disappointment, with an emphasis on building resilience rather than just defining mental health issues.

Health Education

Children will continue to learn about their bodies and the changes they may experience as they grow. This now includes using the correct names for all body parts. This helps children understand their bodies better, feel less embarrassed, and gives them the confidence and language they need to stay safe and speak up if something is wrong.

Online Safety

Children will learn more about how to stay safe and healthy online. This includes understanding risks like scams, in-game purchases, and why some websites or apps have age limits. They'll also be taught how to think carefully about what they see online, and to understand their rights, such as protecting their privacy, giving consent, and keeping their personal information safe.

Sex Education

Sex education is taught in year 6 and is aligned with the science curriculum about the factual description of conception and birth.

